



## Toastmasters International

Toastmasters International, founded in 1924 in the USA, is the leading movement devoted to making **effective oral communication** a worldwide reality. It is a non-political, non-religious, non-profit organisation.

There are more than 9,200 Toastmasters Clubs worldwide, and a total of over 180,000 members. Each Club has its own unique atmosphere. Our members come from many different social, cultural and professional backgrounds, aged from 18 onwards.

## Mercury Toastmasters Club

- trains communication abilities
- enhances presentation skills
- helps members overcome fear of speaking in public
- develops leadership skills
- promotes sociability and good fellowship among its members

## Meetings

held every  
**2nd and 4th Wednesday**  
of the month, 19.30 – 21.30

## Address

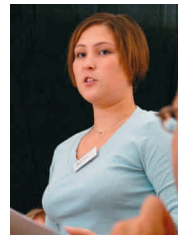
Carmerstraße 10, 1st floor  
10623 Berlin  
Charlottenburg, near Savignyplatz  
Bus 149, S-Bahn Savignyplatz/Zoo

## Membership Fees

**€ 54 / 6 months**  
+ one time fee of € 20  
for your new member kit,  
incl. monthly *Toastmaster* magazine  
(Guests visit for free)

## More Information

[www.mercury-toastmasters.de](http://www.mercury-toastmasters.de)  
[info@mercury-toastmasters.de](mailto:info@mercury-toastmasters.de)



# Mercury Toastmasters Club

Berlin's Choice for Rhetoric + Leadership Training



Do you want to develop your

communication and  
leadership capabilities

in a friendly and  
supportive atmosphere?

Welcome!

Visit Mercury as a guest and  
enjoy an evening with us!

[www.mercury-toastmasters.de](http://www.mercury-toastmasters.de)



? Are you nervous when you give a speech or presentation?

? Are you working on your management abilities?

? Do you want to be a better team player?

? Do you want to improve your communication + English skills?

Then visit us!

### Mercury Toastmasters provides

✔ a supportive, professional and experienced group of people to assist you (mentor program) and help from English native speakers

✔ a mutually supportive and positive learning environment

✔ constructive feedback and video analysis, beamer equipment

✔ a self-paced, focused speaking program



### A Typical Mercury Meeting



A **business portion** quickly and efficiently dispatches the business of our club.

**Prepared speeches** with aid of Toastmasters training

manuals are presented by members to improve particular aspects of their public-speaking capabilities.

**Table Topics** give members (and guests, if they like!) the opportunity to practice impromptu (1-2 minutes) speaking skills.

**Evaluations** by club members provide feedback to prepared speakers.

**The Toastmaster of the Evening:** prepares and leads the overall program

**The Table Topics Master:** leads the impromptu speaking segment

**The General Evaluator:** conducts the evaluation segment

**The Grammarian/Listener:** listens to speaker's grammar and use of English, makes suggestions for improvement

**The Ah-Counter:** notes whenever a speaker uses a fill word

**The Timer:** monitors speech length and signals the speaker remaining speech time

**The Video Cam Operator:** tapes speeches and evaluations for speaker's own follow-up evaluation



### Your First Ten Speeches

1. **The Ice Breaker** gets you started by talking on a subject about which you are the expert (you!).

2. **Organise Your Speech** emphasizes organising your thoughts into a logical sequence leading to a clearly defined goal.

3. **Get to the Point** trains you to select a general and a specific purpose for your speech and then achieve it.

4. **How to Say It** improves your selection of the precise words to clearly and vividly communicate your ideas.

5. **Your Body Speaks** focuses on the use of gestures, body motions and body language.

6. **Vocal Variety** explores the use of voice volume, rate, and quality as speaking tools.

7. **Research Your Topic** trains you to support your points with researched facts.

8. **Get Comfortable with Visual Aids** emphasizes the use of visual aids.

9. **Persuade with Power** gives you the opportunity to practice the skills necessary to convince an audience to accept your proposal or viewpoint.

10. **Inspire Your Audience** by selecting a topic about which you feel strongly and inspiring your audience using all skills.

**Toastmasters also helps you develop leadership skills through our educational material and practical experience within the club.**